



PRE and POST-OP MODERATE SEDATION INSTRUCTIONS

- A responsible adult, over the age of 18, **must accompany** the patient to the clinic **and wait on site** until procedure has been completed. Following sedation, a responsible adult must escort the patient home and remain with the patient for the next several hours.
- A parent or legal guardian must accompany minors (persons under the age of 18).
- **No food or liquids** for **8 hours** before the start of the procedure. If food/liquids are consumed within this time frame, please call the office immediately
- **Stay well hydrated** the day before the scheduled procedure.
- Take all medications as normal with a **small sip of water** unless specifically directed otherwise by Dr. Dillon Patel
 - For patients diagnosed with **diabetes** or taking **blood thinners** (i.e. Plavix, Warfarin, Coumadin, Xarelto), please contact the office for instructions
 - For patients diagnosed with **asthma**, please bring your rescue inhaler with you
- Wear **loose, comfortable, older clothing** that allows access to both arms and that is not restrictive to your neck (some medications or materials may permanently stain clothing)
- Please inform your Enamel provider and have a list available of any **medical conditions, medications, or any previous/upcoming surgeries** before the scheduled procedure date
- If you have had any sickness involving the **upper respiratory system within the past 2 weeks** (severe sinus conditions, severe cold, bronchitis, flu, COVID-19 etc.), please inform the clinic as your procedure may need to be rescheduled to a later date for your safety.
- Following sedation, patients should refrain from driving an automobile, drinking alcohol or engaging in any activity that requires alertness **until at least the next day**. This time frame may vary from patient to patient.

For any questions, concerns, or problems prior to or following sedation, please contact:
Your Enamel Doctor.