

# Common DENTAL PROBLEMS



Dental problems can make a person uncomfortable. However, most of them can easily be prevented by following a proper dental routine & visiting a dentist for regular checkups. Also, educating yourself about these dental problems along with their causes can be a good step towards their prevention.



## Tooth Decay

Commonly referred to as cavities or dental caries, they occur when plaque settles on teeth. This produces an acid that further erodes the tooth enamel.

## Gum Disease

This disease is caused due to an infection in the gums usually resulting out of excessive smoking. It is also known as periodontal disease.



## Oral Cancer

Oral cancer usually begins with a small pale growth or lump inside the mouth, which may result into difficulty in chewing. Excessive use of tobacco & alcohol are the greatest risk factors.

## Mouth Sores

Also referred to as canker sores, they usually occur inside the mouth & can be caused due to sharp broken tooth, tongue biting or braces.



## Bad Breath

Cavity, gum disease, bacteria on the tongue, food stuck in teeth etc. are some reasons that can cause bad breath. It is also known as halitosis.

